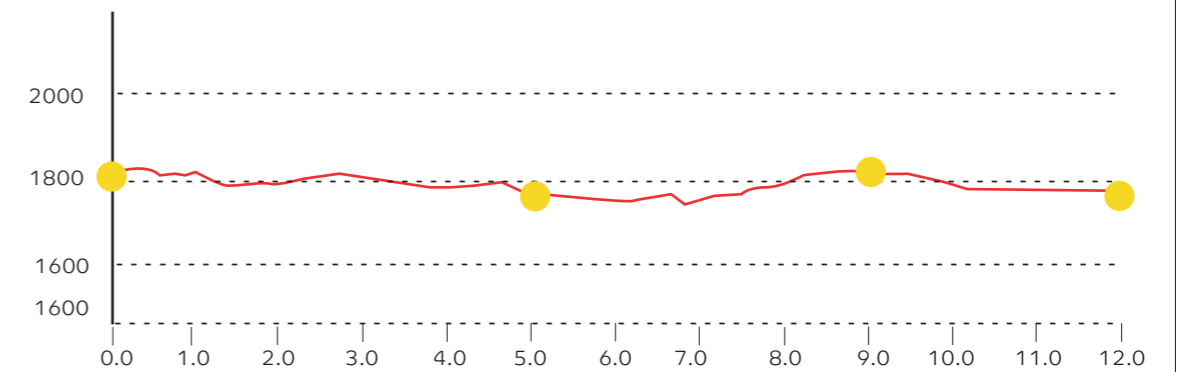


Pontresina Run Verpflegung / Refreshment



Wasser/water	●	●	●	●
Iso/isotonic	●	●	●	●
Gel/gel		●		
Cola/coke			●	●
Bouillon/bouillon				
Bananen/bananas		●	●	●
Äpfel/apples				●
Riegel/bar				●
Brot/bread				●
Käse/cheese				●